

## TIME SCHEDULE

**10:15 – 10:40** Check in and scratches / substitutions in the storage shed at the North end of the Track.

<b>10:50</b>	<b>1<sup>st</sup> call all field events</b>	<b><u>Girls'</u></b> shot, high jump and pole vault will be first <b><u>Boys'</u></b> long jump and discus will be first
<b>10:55</b>	<b>2<sup>nd</sup> call all field events</b>	<b>1:30</b> <b>Girls' 400 meter dash – 2 races (Timed Finals)</b>
<b>11:00</b>	<b>3<sup>rd</sup> and final call, all field events should begin</b>	<b>Boys' 400 meter dash – 2 races (Timed Finals)</b>
<b>12:00</b>	<b>Girls' 4 x 800 relay</b> <b>Boys' 4 x 800 relay</b>	<b>1:45</b> <b>Girls' 300 meter hurdles – 2 races (Timed Finals)</b> <b>Boys' 300 meter hurdles – 2 races (Timed Finals)</b>
<b>12:30</b>	<b>Girls' 100 meter hurdles – 2 races (Timed Finals)</b>	<b>2:00</b> <b>Girls' 800-meter run</b>
<b>12:45</b>	<b>Boys' 110 meter hurdles – 2 races (Timed Finals)</b>	<b>Boys' 800-meter run</b>
<b>12:50</b>	<b>Girls' 100 meter dash – 2 races (Timed Finals)</b> <b>Boys' 100-meter dash – 2 races (Timed Finals)</b>	<b>2:10</b> <b>Girls' 200 meter dash – 2 races (Timed Finals)</b> <b>Boys' 200-meter dash – 2 races (Timed Finals)</b>
<b>1:00</b>	<b>Girls' 1600 meter run</b> <b>Boys' 1600 meter run</b>	<b>2:20</b> <b>Girls' 3200 meter run</b> <b>Boys' 3200 meter run</b>
<b>1:20</b>	<b>Girls' 4 x 100 meter relay</b> <b>Boys' 4 x 100 meter relay</b>	<b>3:00</b> <b>Girls' 4 x 400 meter relay</b> <b>Boys' 4 x 400 meter relay</b>

**The event times listed are approximates, after the 4 x 800 relay the meet will progress without delays.**