

BOYS TRACK AND FIELD MEET

Hosted by: Jeffersonville High School MAY 15th, 2025

ORDER OF EVENTS

5:30 PM EST Scratch Meeting (Near start / finish line - timer)
6:00 PM FIELD EVENTS (Discus followed by the Shot)
6:30 PM 4 x 800 Meter Relay
6:45 PM TRIALS
100 Meter Dash
110 Meter Hurdles
200 Meter Dash

7:15 PM NATIONAL ANTHEM
7:30 PM FINALS START
110 Meter Hurdles
100 Meter Dash
1600 Meter Run
4 x 100 Meter Relay
400 Meter Dash
300 Meter Low Hurdles
800 Meter Run
200 Meter Run
200 Meter Run
4 x 400 Meter Run
4 x 400 Meter Relay

<u>ADMISSION:</u> HHC admission of \$6.00. Pre-school children with their parents will be admitted free.

All qualified contestants in uniform, student managers, coaches, athletic director, assistant athletic director, and principal shall be admitted free. Principals and ADs should sign in at the gate.

ENTRY LIMITATIONS: A school may enter 3 contestants in each event but only 2 may participate. A school can enter an athlete in 4-events and 3-relays. However-No contestants may participate in more than 4 events. A relay is an event.

Entries:

Entries will be submitted through <u>directatheltics.com</u> (each team should have already received an invitation from directAthletics.com.

General entry instructions can be found on <u>directatheltics.com</u>.

Entries will be accepted on-line until Sunday night, May 13th at 8:00 pm.

SCORING: Seven places will be scored – 10, 8, 6, 4, 3, 2, 1 in all individual events and relays.

AWARDS: 1. Plaques will be awarded to the 1st place finisher

2. Ribbons will be awarded to contestants placing 2nd through 7th in each event.

STARTING BLOCKS: Starting blocks will NOT BE PROVIDED.

WARM-UP AREA: No one allowed in the infield except coaches and competing athletes.

HEATS AND LANES: Assignments of heats and lanes will be finalized at the scratch meeting. Entrants shall report to the start of their Running Event and report to the Clerk of Course by 3rd call of the event. Those athletes not reporting shall be scratched.

FIELD EVENTS: Warm-up period will be from 5:30-6:00. All participants must be ready to begin at 6:00.

Each contestant after his name is called has 1-1/2 minutes to complete his trial or indicate to the event judge he passes for discus and shot put. One minute for high jump and long jump.

A contestant must be excused by the field event judge. The time will be noted on the score sheet and directions given as to when he must return. (Example-at conclusion of running event). The field event judge will determine when an athlete is ready for the next trial after he returns. Failure to return in a timely manner will cause judges to scratch subsequent jumps or throws as they come up in normal sequence.

Athletic Training Table with Certified Athletic Trainer, Damien Miller will be set up on the northeast end of the running track.